

# Additional Services and Supports

<p><b>Diagnosis &amp; Treatment</b></p> <p><b>Burrell Autism Center</b> website under construction 417-269-0244</p> <p><b>MU-Thompson Center for Autism &amp; Neurodevelopmental Disorders</b> <a href="http://thompsoncenter.missouri.edu/">http://thompsoncenter.missouri.edu/</a> 573-882-6081 or 888-720-0015</p> <p><b>Knights of Columbus Developmental Center at SSM Cardinal Glennon Children's Hospital</b> <a href="http://cardinalglennon.com/">http://cardinalglennon.com/</a> 314-577-5609 (ext. 4 for intake)</p> <p><b>Children's Mercy Hospitals &amp; Clinics Developmental &amp; Behavioral Sciences</b> <a href="http://www.childrens-mercy.org/">http://www.childrens-mercy.org/</a> 816-234-3674</p> <p><b>Also see: "Where to Get Help" Section</b></p>
<p><b>Parent Training</b></p> <p><b>TouchPoint Autism Services</b> <a href="http://www.touchpointautism.com">www.touchpointautism.com</a> 417-890-1399</p> <p><b>Burrell Autism Center</b> provides Parent Child Interactive Therapy used with children ages 2-7 who have disruptive behaviors or problems with adjustments 417-269-0244</p> <p><b>Blackwell &amp; Roscoe Autism Spectrum Intervention Partners</b> 800-531-4191</p> <p><b>Autism &amp; Disability conference listings</b></p> <ul style="list-style-type: none"> <li>• <a href="http://www.springfield.mo.networkofcare.org">www.springfield.mo.networkofcare.org</a></li> <li>• <a href="http://www.joplin.mo.networkofcare.org">www.joplin.mo.networkofcare.org</a></li> </ul>
<p><b>Health Insurance</b></p> <ul style="list-style-type: none"> <li>• If you have insurance, contact the number on your health plan identification card.</li> <li>• If you do not have insurance, contact 888-275-5908 for assistance in obtaining health insurance. For an application form or full list of benefits go to <a href="http://www.dss.mo.gov">www.dss.mo.gov</a></li> <li>• Medicaid/MC+ MO HealthNet Services 800-392-2161</li> </ul>

<p><b>Early Education &amp; Childcare</b></p> <p><b>Springfield &amp; Joplin contacts are listed below. For other locations, please consult the listed website.</b></p> <p><b>Head Start</b> <a href="http://www.moheadstart.org/map/amap.html">www.moheadstart.org/map/amap.html</a> Springfield: 417- 862-4314 ext. 5 Joplin: 417-781-0352 ext. 220</p> <p><b>Parents as Teachers</b> <a href="http://www.parentsasteachers.org">www.parentsasteachers.org</a> Or contact your school district Springfield: 417-523-1160 Joplin: 417-625-5294</p> <p><b>First Steps</b> statewide: 866-583-2392 <a href="http://www.dese.mo.gov/divspeced/FirstSteps/">www.dese.mo.gov/divspeced/FirstSteps/</a> Springfield area: 417-886-0404 Joplin area: 417-624-4515</p> <p><b>School Districts</b> <a href="http://www.dese.mo.gov/directory/discnty.htm">www.dese.mo.gov/directory/discnty.htm</a> Springfield: 417-523-7700 Joplin: 417-625-5290</p> <p><b>Rivendale Institute of Learning</b> (Springfield) <a href="http://www.rivendaleinstitute.com">www.rivendaleinstitute.com</a> 417-864-7921</p> <p><b>Missouri Child Care Resource &amp; Referral Network</b> finding or educating childcare providers <a href="http://www.moccrn.org">www.moccrn.org</a> 800-200-9017</p>
<p><b>Special Education Advocacy &amp; Services</b></p> <p><b>Missouri Protection &amp; Advocacy</b> <a href="http://www.moadvocacy.org">www.moadvocacy.org</a> 800-392-8667</p> <p><b>Missouri Legal Services</b> Legal services for income eligible persons <a href="http://www.lsmo.org/Home/PublicWeb/LegalSvcs">www.lsmo.org/Home/PublicWeb/LegalSvcs</a></p> <p><b>Missouri Parents Act</b> <a href="http://www.ptimpact.com">www.ptimpact.com</a> 800-743-7634</p> <p><b>Wrightslaw</b> information about special education law <a href="http://www.wrightslaw.com">www.wrightslaw.com</a></p>

<p><b>Mental Health Service</b></p> <p><b>Burrell Behavioral Health</b> Christian, Dallas, Greene, Polk, Stone, Taney and Webster Counties: 417-269-5400</p> <p><b>Ozark Center</b> Barton, Jasper, McDonald and Newton Counties: 417-781-2410</p> <p><b>Clark Community Health Ctr.</b> Barry, Dade and Lawrence Counties: 660-890-8054</p> <p><b>Pathways Community Behavioral Healthcare</b> Cedar, Henry, Hickory, St. Clair and Vernon Counties: 660-890-8054 Laclede County: 573-634-3000</p> <p><b>Ozarks Medical Center</b> Douglas, Ozark and Wright Counties: 800-492-9439</p> <p><b>For a listing of other mental health providers see</b> <a href="http://dmhonline/cps/adminagents.htm">http://dmhonline/cps/adminagents.htm</a></p>
<p><b>Safety</b></p> <p><b>If you or your child is at risk of harming him/herself or others</b> call 911 or go to the nearest hospital/emergency room.</p> <p><b>Autism Safety Project</b> is an online tool kit for first responders, individuals with autism, and families that provides information and strategies to promote safety in emergency situations <a href="http://www.autismsafetyproject.org/">http://www.autismsafetyproject.org/</a></p> <p><b>Navigating Autism Services: A Community Guide for Missouri</b> provides help in developing a plan for handling a crisis <a href="http://www.dmh.mo.gov/mrdd/new/autism09.htm">http://www.dmh.mo.gov/mrdd/new/autism09.htm</a></p>
<p><b>Support Groups</b></p> <p><b>Parent/Caregiver Autism Support Group</b> 417-988-0061 or <a href="mailto:mmhines1995@hotmail.com">mmhines1995@hotmail.com</a></p> <p><b>Family Connections</b> 417-890-1399</p> <p><b>Ozark Center Autism Support Group</b> 417-347-7600 or <a href="mailto:tdcamp@freemanhealth.com">tdcamp@freemanhealth.com</a></p> <p><b>Family Bridges</b> 417-742-1000 <a href="http://www.thefamilybridges.org">www.thefamilybridges.org</a></p> <p><b>Also see</b> <a href="http://www.dmh.mo.gov/mrdd/new/autism09.htm">http://www.dmh.mo.gov/mrdd/new/autism09.htm</a></p>

<p><b>Helpful Books</b></p> <p>Available at Springfield-Greene County Library; Joplin Public Library; and Taneyhills Community Library</p> <ul style="list-style-type: none"> <li>• <i>A Parent's Guide to Autism</i>, C. A. Hart</li> <li>• <i>Asperger's Syndrome: A Guide for Parents</i>, Tony Attwood, Ph.D.</li> <li>• <i>Educating Children With Autism</i>, The National Academics Press</li> <li>• <i>Emergence Labeled Autistic</i>, Temple Grandin, Ph.D.</li> <li>• <i>The New Social Story Book</i>, Carol Gray</li> <li>• <i>Out of Sync Child: recognizing and coping with sensory processing disorder</i>, Carol Kranowitz</li> <li>• <i>Pervasive Developmental Disorder</i>, Mitzi Waltz</li> </ul>
<p><b>Website Resources</b></p> <ul style="list-style-type: none"> <li>• Navigating Autism Services: A Community Guide for Missouri <a href="http://www.dmh.mo.gov/mrdd/new/autism09.htm">www.dmh.mo.gov/mrdd/new/autism09.htm</a></li> <li>• MO-FEAT <a href="http://www.mo-feat.org">www.mo-feat.org</a></li> <li>• Autism Speaks <a href="http://www.autismspeaks.org">www.autismspeaks.org</a></li> <li>• Centers for Disease Control-Autism-Learn the Signs <a href="http://www.cdc.gov/ncbddd/autism/actearly/autism.html">www.cdc.gov/ncbddd/autism/actearly/autism.html</a></li> <li>• Interactive Autism Network (IAN) <a href="http://www.ianproject.org">www.ianproject.org</a></li> <li>• Missouri Developmental Disability Resource Center <a href="http://www.moddr.org">www.moddr.org</a></li> <li>• Network of Care <a href="http://www.networkofcare.org">www.networkofcare.org</a></li> <li>• Project Access <a href="http://www.missouristate.edu/access">www.missouristate.edu/access</a></li> <li>• Autism Alliance of Greater Kansas City <a href="http://www.autismalliance.org">www.autismalliance.org</a></li> </ul>

## Autism Spectrum Disorder (ASD) Facts

- ASD is the fastest growing disability
- 1 child in 150 has ASD
- 4 out of 5 people with ASD are boys
- There are no racial, ethnic or social boundaries
- Symptoms of ASD are treatable
- ASD affects the way in which people understand and react to the world around them
- ASD is often diagnosed before the age of three
- ASD is not always associated with lower IQ
- It is not your fault and you are not alone

## Early Intervention Helps

There are no cures today for Autism Spectrum Disorders, but early diagnosis and interventions are a child's best hope for reaching his or her full potential.

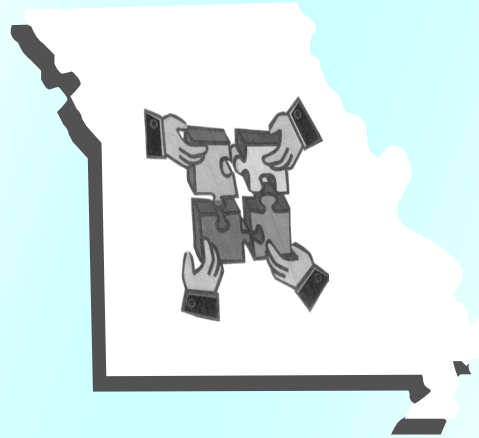
## Important Questions to Ask

- How do I get my child evaluated?
- What treatments are available?
- What specialist should I see for additional supports?
- How do I pay for these services?
- What will my school district do to help?
- What can I do at home to help my child?

Pb. 10/16/09

# Help for You and Your Child With Autism

## Southwest Missouri Autism Resource Brochure



Rapid Response is a cooperative effort among state & local agencies with goals of screening children for Autism Spectrum Disorders and providing early interventions.

Brochure format developed by  
Central Missouri  
Rapid Response Initiative

**Electronic Access to Autism Brochures:**  
<http://www.dmh.mo.gov/mrdd/new/autism09.htm>

## Signs of Autism Spectrum Disorders (ASD)

Autism has a wide range of symptoms, but typically includes difficulties with:

### Communication

- Poor or unusual eye contact
- Little to no babbling, pointing, gesturing or words to communicate
- Inconsistent response to name or to people talking
- Repetition of or echoing of words or phrases in place of normal language
- Loss of skills they once possessed (e.g. no longer saying words once used)

### Social Skills

- Not knowing how to play with or show an interest in other children
- Lack of shared attention, sharing toys or taking turns

### Behavior

- Unusual reactions to the way things smell, taste, look, feel or sound
- Little or no fear of common dangers
- Unusual or unrealistic fears
- Craving physical contact or avoiding being touched
- Restricted or limited interests; preferring same toys, clothing or activity
- Unusual object use; limited pretend or imaginative play
- Repeating action over and over again (e.g. hand flapping, rocking, spinning objects, etc.)
- Difficulty changing routine

## Where to Get Help

If you notice several of these signs on a consistent basis over time, please contact:

### For Screening

Pediatrician  
Primary care doctor  
Your local school district (Parents as Teachers, Early Childhood Special Education)  
Online at [www.firstsigns.org](http://www.firstsigns.org)

### For Diagnosis

Developmental pediatrician  
Clinical child psychologist  
Neurologist  
Developmental Nurse Practitioner

### For Help and Guidance

#### Children Birth to 3 years

**Department of Mental Health** [www.dmh.mo.gov](http://www.dmh.mo.gov)  
Springfield Regional Office  
417-895-7400 or 888-549-6635  
Joplin Regional Office  
417-629-3020 or 888-549-6634

#### First Steps

[www.dese.mo.gov/divspeced/FirstSteps/](http://www.dese.mo.gov/divspeced/FirstSteps/)  
Joplin area: 417-624-4515  
Springfield area: 417-886-0404

#### Children 3 years and older

**Department of Mental Health** [www.dmh.mo.gov](http://www.dmh.mo.gov)  
Springfield Regional Office  
417-895-7400 or 888-549-6635  
Joplin Regional Office  
417-629-3020 or 888-549-6634

**The Next Step** Springfield regional area  
417-886-0407 [www.gcbdd.org](http://www.gcbdd.org)

#### Connections Case Management

Jasper County 417-206-2886  
[www.connectionsmanagement.org](http://www.connectionsmanagement.org)

**Your Local School District** (see inside)